

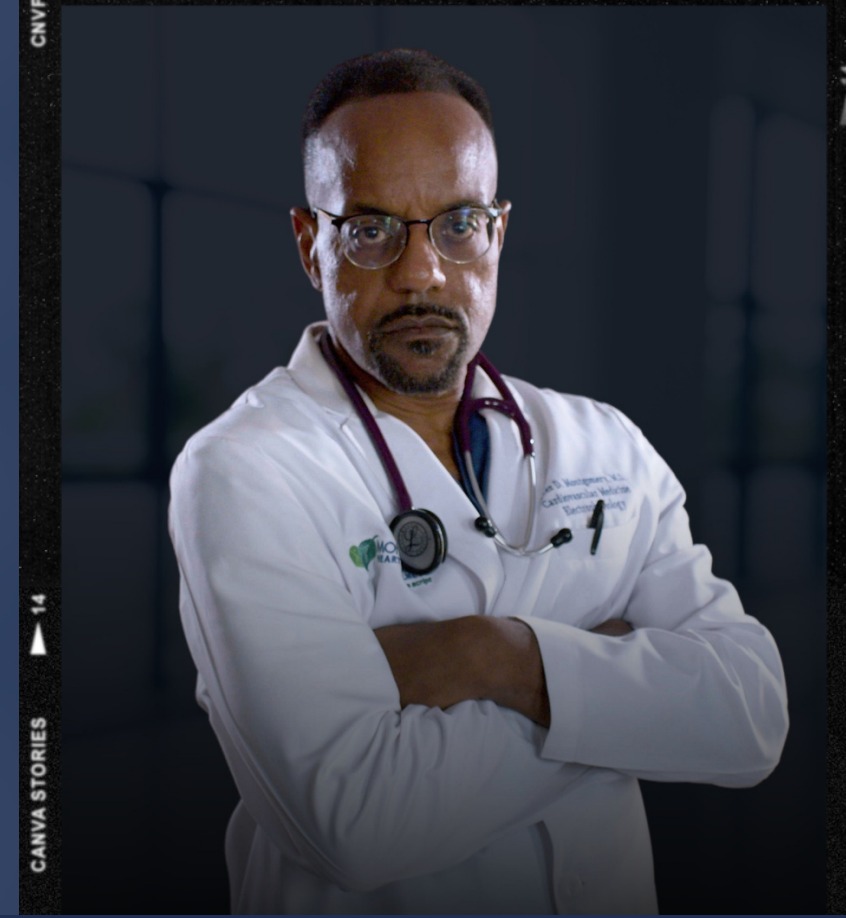


A LEE-DELWORTH PRODUCTION  
**ACTIVATE THE CHAMPION IN YOU!**

**HEART & SOUL OF A  
CHAMPION**

8  
EPISODES

ATHLETE'S  
EDITION



 **INFORMATIVE**

 **ENTERTAINING**

 **MONTGOMERY™  
HEART & WELLNESS**



## WHAT IF

You could stop your body from deteriorating?



## WHAT IF

You could eliminate medications or future surgeries?



## WHAT IF

You could regain your peak performance?



## WHAT IF

You could reverse chronic illness and regain health?



## WHAT IF

Your life depended on it? ...  
**BECAUSE IT DOES!**



Under the guidance of Board-Certified Cardiologist - Cardiac Electrophysiologist, **Dr. Baxter Montgomery**, these athletes and other patients got the chance to have a life-altering experience.

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*Darrell Green, Kenny Banks, Ray Waddy, Wendel Mosley and many others did just that...*

A LEE-DELWORTH ORIGINAL SERIES

# LOGLINE

**Episode One of Heart and Soul of a Champion™** chronicles the health journeys of various retired athletes and other individuals through the Montgomery Heart and Wellness™ unique health intervention.

## **Follow The Journey**

From College to the Hall Of Fame, four retired athletes partake in a six-week program to get themselves back to their peak performance levels.

HEART & SOUL OF A  
**CHAMPION**



# SYNOPSIS



A LEE-DELWORTH PRODUCTION

**Heart and Soul of a Champion™** is a new docuseries that gives you bird's eye view of the health journeys of individuals undergoing life-changing experiences by optimizing their health. The docuseries provides you with detailed perspectives of how individuals with advanced health problems reverse their conditions naturally. It brings you close-up to the real-life triumphs and challenges of individuals seeking to optimize their health.

The program is supervised by board-certified cardiologist, Baxter Montgomery, MD, FACC. Dr. Montgomery is internationally renowned for his integrative health approach in his medical practice. He and his clinical team help individuals control and reverse chronic illnesses such as heart failure, diabetes, inflammatory illnesses and more naturally, while reducing prescription medications and medical procedures.

Season one of **Heart and Soul™** evaluates the possibility of this novel health program in restoring the peak athletic performance levels of a group of retired athletes. Over time, Heart and Soul™ will evaluate the potential of this intervention to restore the peak performance of individuals in all walks of life ... teachers, plumbers, lawyers, etc. We are all champions who can be reactivated **to our peak performance levels!**



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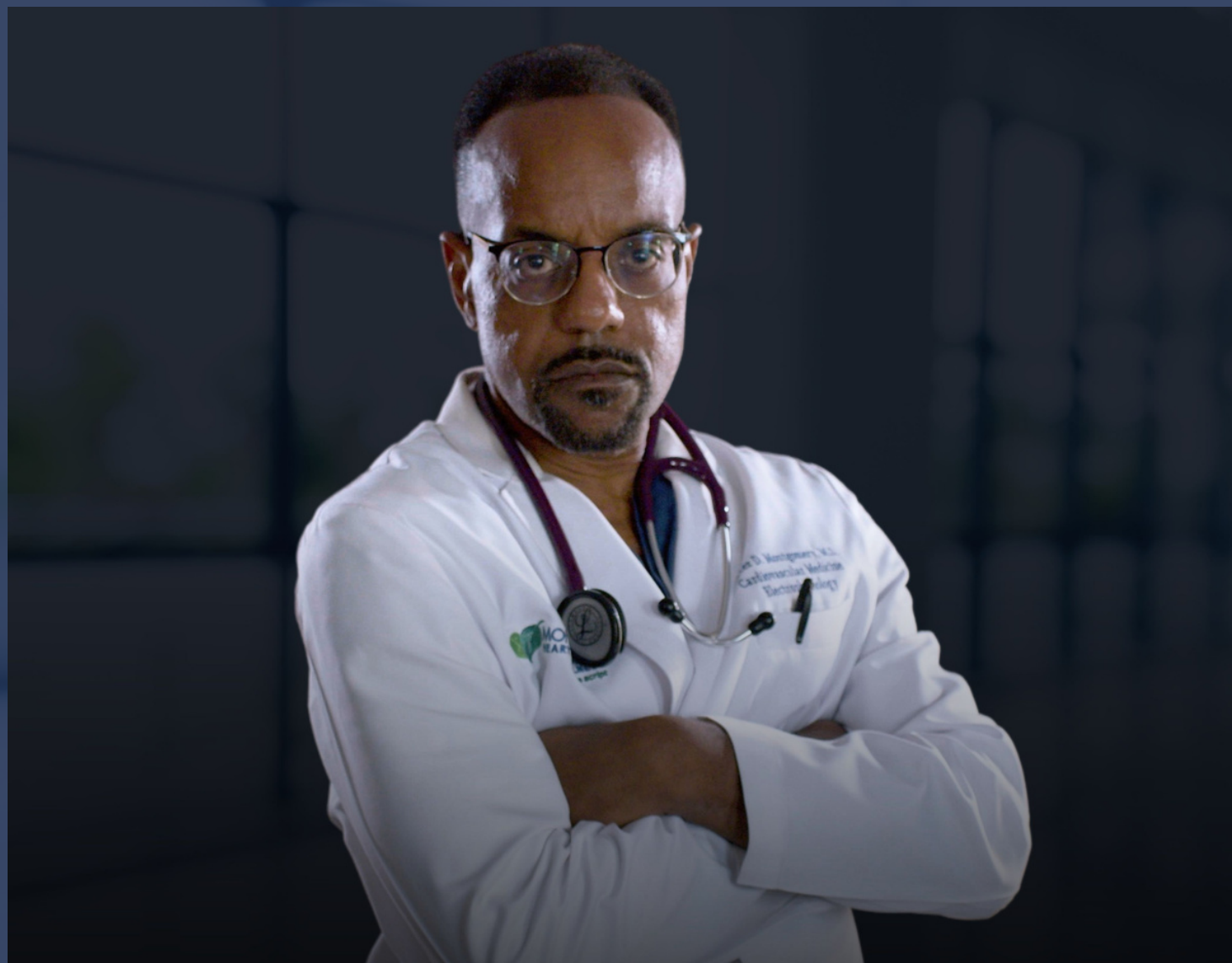
Each individual will undergo a comprehensive medical evaluation before, during and after the intervention to assess their general health status and clinical progress. Dr. Montgomery will explain their underlying health conditions and the scientific basis for the program and its effects on each athlete. Athletic performance measures will also be taken for each individual before and after the completion of the program.

**Heart and Soul™** provides a detailed view of a powerful, scientifically validated health intervention in an informative, inspirational, and entertaining miniseries. Season one, Athlete's Edition, is the first of many seasons of individuals from different social groups, clinical conditions, and health goals.



SYNOPSIS





# **DR. BAXTER MONTGOMERY**

Montgomery Heart and Wellness



**Montgomery is a Board-Certified Cardiologist** with decades of experience in the latest medical practices and nutritional health. He is a Clinical Assistant Professor of Medicine in the Division of Cardiology at the University of Texas Health Science Center in Houston, a Fellow of the American College of Cardiology (FACC) and the founder and medical director of the **Montgomery Heart and Wellness Health Center™** (formerly The Houston Cardiac Association). Having seen many patients suffer the consequences of chronic heart disease, Dr. Montgomery founded the **Montgomery Heart and Wellness Health Center™** in 1997 with the mission to help his patients to reverse and prevent life-threatening illnesses.

Located in Houston, **Montgomery Heart and Wellness Health Center™ (MHW™)** is a state-of-the-art facility complete with state-of-the-art medical technology and other resources that allow for the delivery of a comprehensive integrative health program. Combining his medical practice with a nutrition-based lifestyle intervention, Dr. Montgomery introduces patients to a novel food prescription plan that helps reverse chronic conditions such as heart disease, hypertension, obesity and diabetes without medications or surgeries. Other natural therapeutic modalities such as infrared sauna, macronutrient infusions, intravenous ozone therapy, to name a few, provide health benefits synergistic with the nutritional intervention. He has refined this process over the years with profound positive results in severely ill patients. Dr. Montgomery and the **MHW™** health team cares for patients at both the MHW Health Center and one the hospitals at the world-renowned Texas Medical Center.

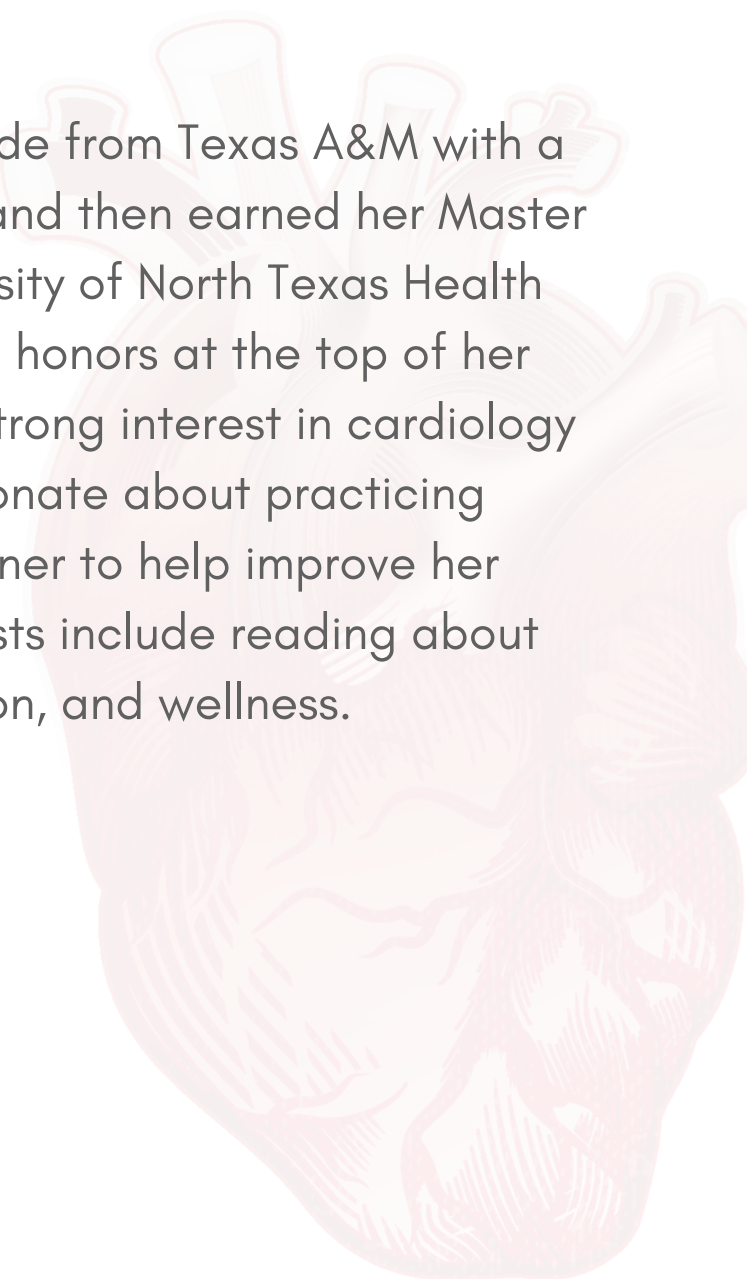


# Camille Owens

Physician Assistant



**Camille Owens** graduated summa cum laude from Texas A&M with a Bachelor of Science in biomedical sciences and then earned her Master of Physician Assistant Studies at the University of North Texas Health Science Center where she graduated with honors at the top of her class. During her training, she developed a strong interest in cardiology and preventative medicine. She is passionate about practicing medicine in a caring and supportive manner to help improve her patients' health and well-being. Her interests include reading about new advances in medicine, nutrition, and wellness.



# THE CHAMPIONS

# SPECIAL APPEARANCES

1

SEASON



ATHLETE'S  
EDITION



## DARRELL GREEN

Washington Redskins  
Pro Football Hall of Fame



## KENNY BANKS

World Class  
High-Jumper



## Antonio Pope

Congestive Heart Failure Patient  
Living In Virginia



## MARK SCHLERETH

NFL Guard  
Super Bowl Champion



## RAYMOND WADDY

Washington Redskins  
Cornerback



## WENDELL (AIR) MOSELY

Univ. North Texas  
Quarterback



## CHEF BABETTE

Vegan Chef  
Restaurant Owner





# INITIAL DIAGNOSIS



## Darrell Green

- Has not seen a doctor in 20 years
- Malignant hypertension with initial BP of 191/114
- High Cholesterol
- Early signs of blood vessel disease



## Kenny Banks

- High Cholesterol
- Mild to Moderate Coronary Artery Disease
- Abnormal stress test



## Raymond Waddy

- Congestive Heart Failure
- Severe Arthritis
- Hypertension
- Wearing a Defibrillator (increased risk of sudden cardiac arrest)



## Wendell Mosely

- Post Prostate Cancer
- Increased PSA levels
- High Blood Pressure

A LEE-DELWORTH ORIGINAL SERIES

# EPISODES



## Episode 2

Decision-Making  
Time



## Episode 4

The Hall of Famer  
is Down



## Episode 1

Diagnoses:  
Known and  
Unknown



## Episode 3

A Tale of Two  
Hearts: Broken

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# EPISODES



## Episode 6

Time to Go Home



## Episode 8

Aftermath



## Episode 5

Anticipated Returns



## Episode 7

The Home Stretch

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# (A FEW) BEHIND THE SCENES STILLS





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**DR. BAXTER MONTGOMERY**

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